

The Pentateuch (The Law)

Luke 24:44-45 NKJV

Then He said to them, "These are the words which I spoke to you while I was still with you, that all things must be fulfilled which were written in the Law of Moses and the Prophets and the Psalms concerning Me." And He opened their understanding, that they might comprehend the Scriptures.

"The first five books of the Bible are called the Pentateuch, a Greek term meaning "five scrolls." Believed to be written by Moses, they are also called the Law of Moses or the Torah, the Jewish term meaning "teaching." They are historical narratives with theological implications. We read them as historical accounts involving people, places, and events, while also looking for theological principles.¹"

Beginning with Creation and ending with Joshua's commission to lead the children of freed slaves whose minds never embraced freedom into the Promised Land, these five first books lay the foundation for the rest of the Bible.

Genesis: creation, the fall of man, the promise of redemption, the beginning of human civilization, and the beginning of God's covenant relationship with His chosen nation, Israel.

Exodus: God's deliverance of His covenant people from Egypt after 400 years of slavery, and His preparation to teach them to live as free people: His covenant with Israel, instructions for building the tabernacle, and the Ten Commandments.

Leviticus: "lays forth the requirements of the sacrificial system that would allow God to overlook the sins of His people until the perfect and ultimate sacrifice of Jesus Christ would provide redemption and completely atone for the sins of all of God's elect."²

Numbers: key events during the 40 years of Israel's wandering in the wilderness as well as additional instructions for worshiping God and living as His covenant people

Deuteronomy: sometimes referred to as the "second law" it repeats the blessings and curses set forth in Exodus and records the final words of Moses, perhaps recorded by Joshua.

John 1:17 NKJV

*For the law was given through Moses,
but grace and truth came through Jesus Christ.*

¹ Jennifer Hayes Yates, *Get Grounded*, page 21

² <https://www.gotquestions.org/Pentateuch.html>

Week 1 Day 1

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

In this foundational genre, we will memorize the names of God in Hebrew to better understand the nuances they communicate.

Elohim is the name which is used in **Genesis 1:1**, “*In the beginning [Elohim] created the heavens and the earth.*” Used some 2,750 times in the Old Testament, its plural version refers to the Trinity: Father, son, and Holy Spirit.

Yahweh (or Jehovah) is “the proper name of the God of Israel³” and often referred to as His covenant Name, “*showing love to a thousand generations of those who love me and keep my commandments.*”⁴ For our purposes, we will refer to Elohim as the Creator Name of God, and Yahweh His Covenant Name.

- I. With all that in mind, breathe and meditate on both Names. He who created everything and whose love is stronger than life is here to help you learn His Word. Ask for His help.
- II. Read the memory verse through several times thoughtfully, aloud or in a whisper. Each time you read it, say the reference, the verse, and then the reference again out loud.

III. Write **Leviticus 26:12-13 NOG** here:

IV. Set a reminder in your phone for two times a day to read **Leviticus 26:12-13 NOG** aloud.

³ <https://biblehub.com/hebrew/3068.htm>

⁴ Exodus 20:6

Week 1 Day 2

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Using your favorite Name for Him, thank God for inviting you into His Word and its truth today.
- II. Read the verses through several times thoughtfully, tasting the meaning of every word you read. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. Today, we will just memorize verse 12. Write it here:

- IV. Just keep repeating it to yourself until you can recite it from memory.
- V. Then this verse and all its blessing wash over you:

Psalm 65:4 AMP

*Blessed is the one whom You choose and bring near
To dwell in Your courts.*

*We will be filled with the goodness of Your house,
Your holy temple*

- VI. Write a prayer to God here:

- VII. Use the reminder in your phone for two times a day to read ***Leviticus 26:12-13 NOG*** aloud.

Week 1 Day 3

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 *So I will live among you and be your **Elohim**, and you will be my people. 13 I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.*

- I. Invite the Elohim to make you aware of His presence and open to His Word.
- II. Read these verses aloud several times, trying to feel the heart of God as He is speaking them.. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. Since you memorized verse 12 yesterday, write it here from memory:

- IV. Now add the first sentence from verse 13 to your memorization, and practice till it's hidden in your heart:

Leviticus 26:12-13

12 *So I will live among you and be your **Elohim**, and you will be my people. 13 I am **Yahweh** your **Elohim**.*

- V. When you have both sentences memorized, write them here, including the reference:

- VI. Write your personal response to God here:

- VII. Use the reminder in your phone for two times a day to read ***Leviticus 26:12-13 NOG*** aloud.

Week 1 Day 4

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Though much repetition is required in this discipline of hiding His Word in our hearts, each day with Him is still fresh with new grace awaiting. Pause and thank Him for that.
- II. Read the memory verses aloud several times, taking note of how they resonate inside you today. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. Yesterday you memorized through the first sentence of verse 13. Now we add the next.: *“I brought you out of Egypt so that you are no longer slaves of the Egyptians.”* Repeat this one line until it’s secure in your memory.
- IV. Look at all that you’ve memorized so far this week:

Leviticus 26:12-13

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians.

- V. Recite it all together until it just flows from you.
- VI. Breathe deeply and and inhale His pleasure in your holy work. On your exhale, thank Him for calling you to Himself.

This time you’ve spent internalizing His Word is of eternal value because

Matthew 24:35 NIV

“Heaven and earth will pass away, but my words will never pass away.”

- VII. Use the reminder in your phone for two times a day to read ***Leviticus 26:12-13 NOG*** aloud.

Week 1 Day 5

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Sing the worship song that comes to your heart to Him.
- II. Read the verses above several times, and recognize how well you know most of it. Each time you read it, say the reference, the verse, and then the reference again out loud.
- III. We are learning the last sentence in this whole month's memory work, so read it aloud it as many times as it takes to really make a home inside you. As you make it a part of yourself, declare its liberating truth over any part of your life that needs it: *"I have broken their power over you and made you live as a free people."*
- IV. I proclaim over _____ :
"I have broken their power over you and made you live as a free people."
- V. I proclaim over _____ :
"I have broken their power over you and made you live as a free people."
- VI. I proclaim over _____ :
"I have broken their power over you and made you live as a free people."
- VII. Now write the entire portion of ***Leviticus 26:12-13 NOG*** from memory here:

VIII. Thank God for the glorious truth of His Word::

IX. Use the reminder in your phone for two times a day to recite ***Leviticus 26:12-13 NOG***.

Week 1 Day 6

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

I. As you recite the verses above from memory, breathe through the truth they proclaim.

II. What has God shown you this week?

III. What action does it prompt in you?

IV. Write your gratitude:

Week 2 Day 2

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe through the verses above, slowly inhaling and exhaling a sentence at a time. Continue until you feel yourself at peace in His presence.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Read **Genesis 17** and observe:
- IV. **Who** initiates the conversation?
How does He introduce Himself?
- V. **What** does God promise?
- VI. **What** does God require?
- VII. **How** does Abraham respond?
- VIII. What is God speaking to you through this chapter today?
- IX. How will you respond?
- X. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

Week 2 Day 3

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Meditate on the word or phase from **Leviticus 26:12-13** that most resonates in you right now. Invite God to speak to that.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Hundreds of years have passed since God's covenant with Abraham. His great-grandson Joseph was sold into slavery in Egypt by his brothers, but God promoted him to Pharaoh's highest advisor, and he later rescued his family from famine by bringing them to Egypt's abundance which he stewarded.
- IV. Read **Exodus 1 -2** and observe:
- V. **Where** does this take place?
- VI. **What** is the new king afraid of?
- VII. **How** does he respond to that fear?
- VIII. **Who** is Moses?
- IX. **Where** does Moses grow up?
- X. **Why** does he flee to the desert?
- XI. Read **Exodus 2:23-24** again and write how it resonates in you today:
- XII. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

Week 2 Day 4

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Raise your hands and your heart in gratitude to the One who is your personal Freedom Fighter.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Read **Numbers 13-14**, and **observe**:
- IV. **Why** were these specific men chosen as spies?
- V. **What** information did Moses send the spies to discover?
- VI. **How** did they respond to what they found?
- VII. **How** did the members of the community react to the ten spies' report?
- VIII. **What** argument did Caleb and Joshua present to the Israelite assembly?
- IX. **What** did the Lord propose to Moses?
- X. **How** did Moses reason with the Lord?
- XI. **Interpretation**: What is the overall message these chapters communicate?
- XII. **Application**: How can you apply this to your life today?
- XIII. Write your prayer to God:

- XIV. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

Week 2 Day 5

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

I. Lift your face to the sky, let your shoulders drop, and express your trust to your God.

II. Cover the memory verses above with your hand and recite them from memory.

III. Read **Deuteronomy 9-10** and **observe:**

IV. **What** was Israel about to do that prompted this speech?

V. Which incidents did Moses remind them off?

VI. What attitudes was he warning them against?

VII. **Interpretation:** What character traits of God do these chapter emphasize??

VIII. **Application:** How does this intersect with your own life and heart today?

IX. Respond in prayer:

X. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

Week 2 Day 6

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

I. Just let the familiar words above wash over your body, soul, and spirit.

II. What has He shown you this week?

III. What difference does it make in your life?

IV. What do you long to express to your Maker and Covenant Keeper today?

Week 3 Day 1

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe slowly and tune your soul to the Presence of God. He is here.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Tracing some of the significant blessings leads us to the people of the Pentateuch we will glance at this week, beginning with Adam.
- IV. Read **Genesis 1:26-31** and sum up the purpose and blessing of mankind:

- V. Read **Genesis 2:4-16** and describe the environment given to Adam:

- VI. Read **Genesis 2:18-25** and describe the relationship between Adam and Eve:

- VII. Read **Genesis 3:1-8** and note how eating the forbidden fruit affected Adam's and Eve's relationship with each other and the Lord:

- VIII. Read **Genesis 3:8-25** and describe God's actions.

- IX. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

Week 3 Day 2

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe slowly and deeply. If there is any injustice or wound present in your awareness, commit it for now to the God who knows and will make all things right.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. For perspective, it's estimated that from Adam to Abraham is about 2,000 years, from Abraham to Christ 2,000 years, and from Christ to us today about 2,000 years.
- IV. Read **Genesis 6:5-7** and describe the condition of the human race at this time:
- V. Read **Genesis 6:8-22** and describe Noah:
- VI. Read **Genesis 7** and describe the catastrophic event:
- VII. Read **Genesis 8** and describe the promise of God at the end:
- VIII. Read **Genesis 9:1-17** and sum up what happens:
- IX. In today's long reading, what most spoke to you?
- X. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

Week 3 Day 3

Memory Verses:

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe slowly and just be aware that He who makes all things new⁶ is renewing you day by day by the power of His Word.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. It's estimated that from Adam to Abraham is about 2,000 years, from Abraham to Jesus about 2,000 years, and from Jesus to us today about 2,000 years. We will return to this perspective throughout the year, as it helps us see where we fit into the meta-narrative of human history.
- IV. Read **Genesis 12:1-4** and describe what happens. Do you see any reason as to why God blessed Abram?
- V. Read **Genesis 15** and list anything that stands out to you:
- VI. Read **Genesis 16** and list anything that stands out to you:
- VII. Read **Genesis 17** and list anything that stands out to you:
- VIII. Finish today by reading **Genesis 21:1-5** and thank God for His faithfulness in your own life.
- IX. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

⁶ Revelation 21:5

Week 3 Day 4

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe slowly and let your cares surface so you can hand them to your Covenant Maker and Keeper. The God of the Bible is the God singing over you right now.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Today we follow the highlights of Abraham's great-grandson Joseph⁷. Intense dysfunction runs through the family line, and yet God's covenant remains.
- IV. Read **Genesis 37:1-11** and describe the family dynamic and your perception of 17-year-old Joseph:
- V. Read **Genesis 37:12-38** and list what happens and why:
- VI. Read **Genesis 39** and write the highlights:
- VII. Read **Genesis 41:1-40** and write the highlights:
- VIII. Read **Genesis 41:41-57** and write the highlights:
- IX. A long, convoluted story brings Joseph's brothers to him in the famine, but given how they last saw him that he is now the highest-ranking Egyptian official, they don't recognize him at first. Read **Genesis 45** and describe Joseph's attitude:
- X. Thank God for what you are taking away from today's reading:
- XI. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

⁷ Joseph's entire story is found in Genesis 37–50

Week 3 Day 5

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe slowly and just embrace wholeheartedly that God honors the one who honors His Word. Sense His pleasure in you.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Today takes us back to Moses, whom we studied a bit last week in our overview of The Pentateuch. You already know that his mother sent him down the Nile to protect him from infanticide, that Pharaoh's daughter raised him in the palace, and that he became Israel's deliverer from generations of slavery as God had told Abram⁸.
- IV. Read **Exodus 2:11-17** and try to guess what motivates Moses in both instances:

- V. Read **Exodus 3** and describe Moses' relationship with God at this point:

- VI. Read **Exodus 31:18-32:35** and describe the heart of Moses and of God:

- VII. Read **Exodus 33** and describe the relationships
 - A. Between Moses and God:

 - B. Between Moses and his people:

- VIII. What is God inscribing on your heart today?

- IX. Use the reminder in your phone for two times a day to recite **Leviticus 26:12-13 NOG**.

⁸ Genesis 15:13-16

Week 3 Day 6

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

I. Prayerfully, breathing slowly read and meditate on **Exodus 34:1-14**.

II. What has God shown you about Himself this week?

III. How has that affected you?

IV. Read **Exodus 34:29-35** and write your response in prayer to God:

Week 4 Day 1

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Today we return to the discipline of listening for His still, small voice personally.. Before we dive in, make sure you are present. If your mind is drifting, just call it back to acknowledge the purpose of this time and the presence of the Holy Spirit with you.
- II. Cover the memory verses above with your hand and recite them from memory. This is the last week with this portion of Scripture, so be sure its tucked away in your heart.
- III. Immanuel Journaling is taught in *Joyful Journey* by Jim Wilder, Anna Kang, John Loppnow, and Sungshim Loppnow. See LifeModelWorks.org. This week, each day's listening will be anchored in each of the books of the Pentateuch
- IV. Read **Genesis 1:27-28** again and write the blessing and purpose in your own words.

- V. Read **Genesis 9:1-7** and again write the blessing and purpose in your own words.

- VI. Read **Genesis 15:1-7** and write whatever stands out to you:

- VII. Now tune in to what in on your own heart today. What worry, preoccupation, or need for His guidance comes to mind?

Personalize **Genesis 15:1b AMP**:

"Do not be afraid, _____, I am your shield; Your reward [for obedience] shall be very great." Then tell Him what's on your heart.

Dear Lord (or other name for God) _____ ,

I need your help with (briefly describe a specific situation of need)...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write God's Response

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of (e.g., being busy, tossing and turning in bed, clenching your jaw, slumping your shoulders, crying)...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Week 4 Day 2

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Breathe slowly and deeply. Release any tension in your body, God is here with you.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Read **Exodus 3:1-4** and describe how you have heard God calling to you personally:

- IV. Read **Exodus 3:7-10** and tune into a problem in your world that you know God sees, hears, and will act to resolve:

- V. Read **Exodus 18** and note any relevance it has to your current situation::

- VI. As you prepare for your Immanuel journaling, check for where your body or soul holds tension and describe the tension there:

Exodus 33:17-18 NIV And the Lord said to Moses, "I will do the very thing you have asked, because I am pleased with you and I know you by name."**18** Then Moses said, "Now show me your glory." To write your two-way prayer letter simply complete each sentence. Remember that the Living Word loves to communicate with His children⁹.

⁹ This Immanuel Journaling Worksheet is adapted from Jim Wilder and Sungshim Loppnow by Bill Gaultiere* ~ SoulShepherding.org

Dear Lord (or other name for God) _____ ,

I need your help with (briefly describe a specific situation of need)...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write God's Response

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of (e.g., being busy, tossing and turning in bed, clenching your jaw, slumping your shoulders, crying)...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Week 4 Day 3

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Read the familiar verses above and thank God for giving you Himself.
- II. Cover the memory verses above with your hand and recite them from memory.
- III. Read **Leviticus 26:1** and consider that the Hebrew word for idol לַֹלֵל used here means “insufficiency, worthlessness.¹⁰” “As Tim Keller states in his book *Counterfeit Gods*, an idol is “anything more important to you than God, anything that absorbs your heart and imagination more than God, and anything that you seek to give you what only God can give.¹¹”
- IV. Between you and God, what idols come to mind right now?

- V. Breathe through **Leviticus 26:2** and write what comes to mind:

- VI. Read **Leviticus 26:3-13** and write down what most resonates with you:

- VII. As His loving heart is searching yours, what does He find there today?

Hebrews 4:15-16 NIV

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. 16 Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. By now you’re becoming familiar with writing your two-way prayer letter to God. So approach the throne of grace with confidence¹².

¹⁰ <https://biblehub.com/hebrew/457.htm>

¹¹ [https://www.biblestudytools.com/bible-study/topical-studies/idols-that-sneak-into-our-lives-and-how-to-resist-them.html#:~:text=Credit%3A%20Unsplash%20-,What%20is%20an%20Idol%3F,\(%20Matt%206%3A24%20\).](https://www.biblestudytools.com/bible-study/topical-studies/idols-that-sneak-into-our-lives-and-how-to-resist-them.html#:~:text=Credit%3A%20Unsplash%20-,What%20is%20an%20Idol%3F,(%20Matt%206%3A24%20).)

¹² This Immanuel Journaling Worksheet is adapted from Jim Wilder and Sungshim Loppnow by Bill Gaultiere* ~ SoulShepherding.org

Dear Lord (or other name for God) _____ ,

I need your help with (briefly describe a specific situation of need)...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write God's Response

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of (e.g., being busy, tossing and turning in bed, clenching your jaw, slumping your shoulders, crying)...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Week 4 Day 4

Leviticus 26:12-13 Names of God Bible (NOG)

12 So I will live among you and be your **Elohim**, and you will be my people. **13** I am **Yahweh** your **Elohim**. I brought you out of Egypt so that you are no longer slaves of the Egyptians. I have broken their power over you and made you live as a free people.

- I. Settle yourself into the wonderful reality that the resurrected Christ lives inside you¹³.
- II. Cover the memory verses above with your hand and recite them to Him.
- III. Read **Numbers 9:1-5** and note who spoke what to whom:

- IV. Read **Numbers 9:6-8** and recall the last time you didn't know what to do.

- V. Read **Numbers 9:9-14** and just consider how detailed you expect God to be in speaking to you.

- VI. Read **Numbers 9:15-23** and honestly tell Him how you need to be led by Him today and how willing you are to follow:

By now, you know what to do¹⁴.

¹³ See Galatians 2:20

¹⁴ This Immanuel Journaling Worksheet is adapted from Jim Wilder and Sungshim Lopnow by Bill Gaultiere* ~ SoulShepherding.org

Dear Lord (or other name for God) _____ ,

I need your help with (briefly describe a specific situation of need)...

I appreciate that you (e.g., are emotionally present for me, empowering me, etc.)...

Write God's Response

Dear ____ (Your Name) ____ ,

I see you in this situation and notice your physical demeanor of (e.g., being busy, tossing and turning in bed, clenching your jaw, slumping your shoulders, crying)...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Dear Lord (or other name for God) _____ ,

I love the way You (love me, fight for me...etc)...

I appreciate that You are...

Write God's Response

Dear ____ (Your Name) ____ ,

I receive your worship and notice your physical demeanor of (e.g., being busy, tossing and turning in bed, clenching your jaw, slumping your shoulders, crying)...

I hear what you're saying (out loud and/or in your mind)...

I understand that you're feeling (e.g., angry, afraid, anxious, guilty, sad, alone)...

I realize this is really big for you because you want...

I'm glad to be with you and I'm proud of you for your (e.g., vulnerability, courage, perseverance, kindness)...

I want to encourage you and help you by (e.g., a Scripture promise)...

Week 4 Day 6

Deuteronomy 1:29-31 Names of God Bible (NOG)

29 Then I said to you, "Don't tremble. Don't be afraid of them. 30 Yahweh your Elohim, who is going ahead of you, will fight for you as you saw him fight for you in Egypt 31 and in the desert." There you saw how Yahweh your Elohim carried you, as parents carry their children. He carried you wherever you went until you came to this place.

- I. Pray through **Deuteronomy 1:29-31** (above) until your heart rests in His unwavering affection for you.
- II. How has He carried you this week?

III. What fears has He replaced with peace?

IV. Write your gratitude: